

ALCOHOL PROBLEMS QUESTIONNAIRE (APQ)

(modified: Q 47 – 49 added to original)

Below you will find a list of problems related to alcohol. The total score should decrease with successful treatment.

Not all of the questions may apply to you, but try to answer the ones that do.

Please circle YES or NO depending on whether you have had similar problems.

The questions apply to the last SIX MONTHS.

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|------|---|-----|----|
| A1. | Have you tended to drink on your own more than you used to? | YES | NO |
| A2. | Have you worried about meeting your friends again the day after a drinking session? | YES | NO |
| A3. | Have you spent more time with drinking friends than other kinds of friends? | YES | NO |
| A4. | Have your friends criticised you for drinking too much? | YES | NO |
| B5. | Has your partner complained about your drinking? | YES | NO |
| B6. | Has your partner tried to stop you from having a drink? | YES | NO |
| B7. | Has he/she refused to talk to you because you have been drinking? | YES | NO |
| B8. | Has he/she threatened to leave you because of your drinking? | YES | NO |
| B9. | Has he/she had to put you to bed after you have been drinking? | YES | NO |
| B10. | Have you shouted at him/her when you have been drinking? | YES | NO |
| B11. | Have you injured him/her after you have been drinking? | YES | NO |
| B12. | Have you been legally separated from your spouse? | YES | NO |
| B13. | Has he/she refused you have sex with you? | YES | NO |
| C14. | Have your children criticised your drinking? | YES | NO |
| C15. | Have you had rows with your children about your behaviour? | YES | NO |
| C16. | Do your children tend to avoid you when you have been drinking? | YES | NO |
| C17. | Have you hit any of your children after you have been drinking? | YES | NO |
| C18. | Have your children tried to stop you from having a drink? | YES | NO |
| C19. | Have your children refused to lend you money? | YES | NO |

D20.	Have you found your work less interesting than you used to?	YES	NO
D21.	Have you been unable to arrive on time for work?	YES	NO
D22.	Have you missed a whole day at work after a drinking session?	YES	NO
D23.	Have you been less able to do your job because of your drinking?	YES	NO
D24.	Has anyone at work complained about you being late or absent?	YES	NO
D25.	Have you had any formal warnings from your employers?	YES	NO
D26.	Have you been suspended or dismissed from work?	YES	NO
D27.	Have you had any accidents at work after drinking?	YES	NO
E28.	Have you had any debts?	YES	NO
E29.	Have you pawned any of your belongings?	YES	NO
E30.	Do you find yourself making excuses about money?	YES	NO
E31.	Have you been caught out lying about money?	YES	NO
F32.	Have you been in trouble with the police due to your drinking?	YES	NO
F33.	Have you lost your driving license for drinking and driving?	YES	NO
F34.	Have you been in prison?	YES	NO
G35.	Have you been physically sick after drinking?	YES	NO
G36.	Have you had any diarrhoea after a drinking session?	YES	NO
G37.	Have you had pains in your stomach after a drinking session?	YES	NO
G38.	Have you had "pins and needles" in your fingers or toes?	YES	NO
G39.	Have you had any accidents, needing hospital treatment after drinking?	YES	NO
G40.	Have you lost any weight?	YES	NO

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|------|---|-----|----|
| H41. | Have you been neglecting yourself physically? | YES | NO |
| H42. | Have you failed to wash for several days at a time? | YES | NO |
| H43. | Have you felt depressed for more than a week? | YES | NO |
| H44. | Have you felt so depressed that you have felt like doing away with yourself? | YES | NO |
| H45. | Have you given up any hobbies you once enjoyed because of your drinking? | YES | NO |
| H46. | Do you find it hard to get the same enjoyment from your usual interests? | YES | NO |
| J47. | Have you ever felt in need of forgiveness because of the things your drinking has led you to do? | YES | NO |
| J48. | Have you ever felt that only a great outside power, like God, could help you regain some of the things drinking has caused you to lose? | YES | NO |
| J49. | Have you ever worried that your behaviour under the influence of alcohol might affect what happens to you after you have died? | YES | NO |

Please list any other problems you have had due to alcohol which are not included in the questionnaire:

1. _____
2. _____
3. _____

Total APQ Score = _____

APQ subscores

- | | | |
|------------------|-----|------------------------------------|
| A friendships | ___ | (0–4) |
| B partner/spouse | ___ | (0–9) |
| C children | ___ | (0–6) |
| D work | ___ | (0–8) |
| E money | ___ | (0–4) |
| F legal | ___ | (0–3) |
| G physical | ___ | (0–6) |
| H psychological | ___ | (0–6) |
| J spiritual | ___ | (0–3) not included in original APQ |